

Shri Vishnu Engineering College for Women (Autonomous): Bhimavaram



Department of Management Studies

Name of the Event	International Yoga Day merriment
Name of the Instructor	Ms. Kokkera Chandrika
Designation of the Instructor	I MBA Student
Date & Time of the Talk	21-06-2022 8.30-8.50 am

Key Points of Discussion

- Origin of International Yoga Day
- Benefits of Yoga
- Yoga Practiced by I MBA Students





